

# Patient Medical Information

**Patient Name:** \_\_\_\_\_

Please list all **ALL** medications including their strength and frequency or provide a list:

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Please list any **allergies/reactions** you may have to medications, food, or environmental allergies:

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Please list any **sugeries or hospitalizations** in your past: \_\_\_\_\_

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**Do you smoke?** \_\_\_\_\_ If so, how long? \_\_\_\_\_ How much? \_\_\_\_\_

Do you drink **alcoholic beverages**? \_\_\_\_\_ If so, how often? \_\_\_\_\_

Do you **exercise** at least 150 minutes per week? \_\_\_\_\_ Are you **sexually active**? \_\_\_\_\_

Do you use **caffeine**? \_\_\_\_\_ What and how much? \_\_\_\_\_

Please list all immediate **family medical history** (parents, siblings, children, etc.) \_\_\_\_\_

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**Race** (circle all that apply): Native American or Alaskan Native / Asian / Native Hawaiian / African American / Caucasian / Hispanic / Other \_\_\_\_\_

Are you **employed**? \_\_\_\_\_ Where \_\_\_\_\_ **Retired**? \_\_\_\_\_

Circle: **Married / Divorced / Single / Separated** **Children?** # and ages \_\_\_\_\_

Please do not leave any blanks. Put N/A if anything doesn't apply. Thank you!